

River City Chiropractic New Patient Intake

Today's Date: _____

Who Referred You? _____

PATIENT DEMOGRAPHICS

Name: _____ Birth Date: ____ - ____ - ____ Age: _____ Male Female

Address: _____ City: _____ State: _____ Zip: _____

E-mail Address: _____ Home Phone: _____ Mobile Phone: _____

Occupation: _____ Employer Name/Company: _____ Work Phone: _____

Marital Status: Single Married Emergency Contact: _____ Phone: _____

Do you have Insurance: Yes No Do you have kids under 18? Yes No If Yes, How Many? _____

Preferred Contact Method: Call Text Email

Is Your Condition(s) Related To An Accident? Yes No. If Yes, Work or Auto

Please identify the condition(s) that brought you to this office:

Primary: _____

Second: _____

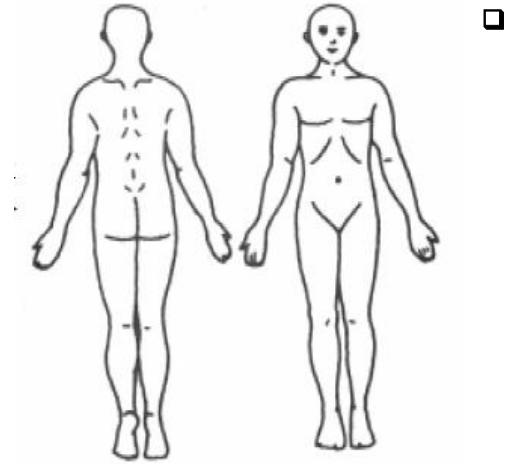
Third: _____

On a scale of **1** to **10** with **10** being the **worst pain** and zero being no pain, rate your above complaints **at their absolute WORST** by **circling the number**:

Primary or chief complaint is : 0 - 1 - 2 - 3 - 4 - 5 - 6 - 7 - 8 - 9 - 10

Second complaint is : 0 - 1 - 2 - 3 - 4 - 5 - 6 - 7 - 8 - 9 - 10

Third complaint is: : 0 - 1 - 2 - 3 - 4 - 5 - 6 - 7 - 8 - 9 - 10



PLEASE MARK the areas on the Diagram to the right with the following letters

to describe your symptoms: **R** = Radiating **B** = Burning **D** = Dull

A = Aching **N** = Numbness **S** = Sharp/ Stabbing **T** = Tingling



Please mark **P – PAST**, **C – Current**, **N – NEVER** to all the following symptoms, even if they seem minimal or not related to your current problem.

- | | | | |
|--|--|--|---|
| <input type="checkbox"/> Headaches / Migraines | <input type="checkbox"/> Neck Pain / Stiff | <input type="checkbox"/> Gastrointestinal | <input type="checkbox"/> Heart / Vascular |
| <input type="checkbox"/> Numbness / Tingling | <input type="checkbox"/> Upper Back Pain / Stiff | <input type="checkbox"/> Lower Back Pain / Stiff | <input type="checkbox"/> Lung / Breathing |
| <input type="checkbox"/> Dizziness / Balance | <input type="checkbox"/> Mid Back Pain / Stiff | <input type="checkbox"/> Sinus / Allergies | <input type="checkbox"/> Seizures |

List any other conditions or health problems being treated for: _____

List any past surgeries or major injuries: _____

Please CHECK all symptoms or diseases that apply to your family's history.

- | | | | |
|--|--|--|---|
| <input type="checkbox"/> Headaches/Migraines | <input type="checkbox"/> Neck Pain/Stiff | <input type="checkbox"/> High Blood Pressure | <input type="checkbox"/> Diabetes |
| <input type="checkbox"/> Numbness/Tingling | <input type="checkbox"/> Upper Back Pain/Stiff | <input type="checkbox"/> Lower Back Pain/Stiff | <input type="checkbox"/> Irritable/Depression |
| <input type="checkbox"/> Dizziness/Balance | <input type="checkbox"/> Middle Back/Stiff | <input type="checkbox"/> Heart Disease | <input type="checkbox"/> Cancer |

Please CIRCLE YES or NO to all that apply to your current/past social history

Smoking: YES/NO Alcohol: YES/NO (# drinks per week: _____) Exercise: YES/NO (# days per week: _____)

Please list any medications/ drugs/ supplements you are currently taking: _____

Patient Signature or Legal Guardian: _____ Date: _____

Functional Rating Index

For use with Neck and/or Back Problems only.

In order to properly assess your condition, we must understand how much your neck and/or back problems have affected your ability to manage everyday activities.

For each item below, please circle the one choice which most closely describes your condition right now.

1. Pain Intensity

 No pain Mild pain Moderate pain Severe pain Worst possible pain

6. Recreation

 No pain Mild pain Moderate pain Severe pain Worst possible pain

2. Sleeping

 Perfect sleep Mildly disturbed sleep Moderately disturbed sleep Greatly disturbed sleep Totally disturbed sleep

7. Frequency of Pain

 No pain Occasional pain; 25% of the day Intermittent pain; 50% of the day Frequent pain; 75% of the day Constant pain; 100% of the day

3. Personal Care (washing, dressing, etc.)

 No pain no restrictions Mild pain no restrictions Moderate pain; need to go slowly Moderate pain; need some assistance Severe pain; need 100% assistance

8. Lifting

 No pain w/heavy weight Increased pain with heavy weight Increased pain with moderate weight Increased pain with light weight Increased pain with any weight

4. Travel (driving, etc.)

 No pain on long trips Mild pain on long trips Moderate pain on long trips Moderate pain on short trips Severe pain on short trips

9. Walking

 No pain any distance Increased pain after 1 mile Increased pain after 1/2 mile Increased pain after 1/4 mile Increased pain with all walking

5. Work

 Can do usual work plus unlimited extra work Can do usual work no extra work Can do 50% of usual work Can do 25% of usual work Cannot work

10. Standing

 No pain after several hours Increased pain after several hours Increased pain after 1 hour Increased pain after 1/2 hour Increased pain with any standing

Name _____ Total Score _____
 PRINTED

 Signature _____ Date _____

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Doctor Signature: _____ Date: _____